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A BOOKLIST
AND
FILM LIST

ON
GROWING UP

FOR YOUNG ADULTS
FOR CHILDREN
FOR PARENTS

BOSTON PUBLIC LIBRARY

1967

"One's sexual behavior is a great responsibility, but responsible sex is one of the greatest joys of life - and one of the greatest of God's gifts to men."

Young people and sex.
Arthur H. Cain.

FOR YOUNG ADULTS

Moving into manhood.

William W. Bauer.

Way to womanhood.

A noted doctor proves that getting to be a man or a woman is more, much more, than growing up sexually.

The girl that you marry. James H. S. Bossard.

She's different from a man. She puts home, security, and children FIRST. Most of all, she is an individual.

The man that you marry.

Eleanor S. Boll.

A man and woman who understand each other and adjust to each other are the "best team that was ever put on earth." Here is the girl's role on the team.

Young people and sex.

Arthur H. Cain.

First you must clarify your basic knowledge of the physical, psychological, social, and religious aspects of sex, and only then can you control your behavior in accordance with the reasonable dictates of society.

Attaining manhood.

George W. Carner.

Attaining womanhood.

A doctor talks to boys and girls about sex and human reproduction.

Questions teenagers ask.

Sheila J. Daly.

Teenagers ask more questions.

From thousands of teenage letters a newspaper columnist for teens collects the questions asked most often — on dating, parents, personality, money, and sex.

Sex and the adolescent.

Maxine Davis.

Exactly what is sex? And how do you channel this complicated physical, emotional, and social force to make a rich and happy life?

Becoming the complete adult.

Simon Daniger, ed.

You are many people — physical, emotional, spiritual, sexual — and you must get to know all of them.

omit

The art of dating. Evelyn R. Duvall.

This eye-opening approach to dating handles such topics as your reputation, drive-ins, falling in and out of love, amorous advances, and inter-faith dating.

Love and the facts of life. Evelyn R. Duvall.

Straight answers to straight questions on what is normal, what is healthy, and what is right in matters of love.

Why wait till marriage? Evelyn R. Duvall.

Also available in a Special Catholic Edition.

Everybody's doing it – or are they? The case for premarital chastity is examined frankly and in depth by a well-known authority.

Before you marry. Sylvanus M. Duvall.

What are your chances for success in marriage? Why do marriages fail? What about sex before and after marriage?

A girl grows up! Ruth Fedder.

Growing up is like riding an emotional seesaw. Here's why – and what to do about it.

What's right with our young people.

Grace N. Fletcher.

Alcohol, patriotism, sex, brotherhood, and belief in God – here's what young people think about these significant issues.

Teen-age sex counselor. Bert Y. Glassberg.

Is it love or infatuation? When does necking become petting? What is the right age for marriage? A doctor-psychologist helps young people understand some of the complex problems of growing up.

What a boy should know about sex.

What a girl should know about sex.

Bernhardt S. Gottlieb.

Are you, too, confused about love and sex, about your changing body and perplexing emotions? Join other young people as an understanding doctor explains.

Dearest Kate. *omit* Jeannette Griffith, pseud.

A Catholic girl meets the problems of manners and morals.

Love and sex in plain language, *rev. ed.*
Eric W. Johnson.

It's not enough to learn the biological facts about sex. You have to place this knowledge in a framework of values.

The Catholic youth's guide to life and love.
George A. Kelly.

This thoughtful, religious book looks into moods and body changes, going steady, the differences between infatuation and love, and the meaning of marriage.

Dating for young Catholics. George A. Kelly.

What about necking, drinking, going steady? Are you "in love with love?" Here are straight answers to the problems you face in your teen years.

Love, sex, and the teenager. Rhoda L. Lorand.

An experienced psychologist candidly discusses such question marks as drinking, masturbation, homosexuality, and dating behavior.

How to understand the opposite sex.
Pamphlet? William C. Menninger.

You may be a perfect specimen. You may be remarkably intelligent. You may want to get married. But "wanting to" is not enough!

Learning to love;
frank advice for young Catholics. Marc Oraison.

A doctor of medicine as well as a priest, Father Oraison examines the physical and psychological aspects of sex to show you how to control your behavior — and why.

Teen love, teen marriage.
Pamphlet? Public Affairs Committee.

How far should "making out" go? What is the basis for lasting love? Five experts give you something to think about concerning these and other vital questions of love, sex, and marriage.

A soldier priest talks to youth. Patrick J. Ryan.

The former Chief of Army Chaplains deals directly with challenges to ~~teen~~ ^{adult?} morality: drinking, sex, smoking.

Memo for marriage. Judith U. Scott.

Sound, sober facts on the "most important decision in a girl's life."

Letters to Karen. Charlie W. Shedd.

Letters to a bride-to-be on how to keep love in her marriage — forever.

Sex before 20. Helen F. Southard.

A psychologist gives you the facts about the physical, emotional, and social aspects of sex so that you can think out your own code of sexual responsibility.

The house of tomorrow. Jean Thompson.

In the Salvation Army's home for unwed mothers, Jean must learn to face loneliness and to make many difficult decisions which will affect her life and that of her unborn child.

On becoming a woman. Mary M. Williams.

What every teen-age girl should know about petting and pick-ups, crushes and kissing, love and marriage.

FICTION

It could happen to anyone. Margaret Craig.

To anyone — even to the nicest boy and girl when they're in love.

A girl like me. Jeannette Eyerly.

Robin broke off with Randy in time, but Cass dated Brew until it was too late.

Two and the town. Henry G. Felsen.

A downcast boy, a comforting girl, a lonely park. And suddenly, Buff and Elaine faced the greatest responsibility of their lives.

Too bad about the Haines girl. Zoa Sherburne.

"It was like walking in the shadows," Melinda thought, "like moving through a nightmare." But, somehow, she and Jeff had to find a way to face that nightmare.

Hold yourself dear. Pauline C. Smith.

If she followed Harriet's advice she would have dates and fun. But, Merle realized, she would soon have trouble, too.

FOR CHILDREN*

Growing up. Karl DeSchweinitz.

How a baby is conceived, is born, and grows up. Gr 5-6

*These books may be used by parents with children younger than grades indicated.

The story of a baby. Marie H. Ets.

From particles too small to be seen at all, new life forms and a baby is born. Gr 5-6

The wonderful story of you. Benjamin C. Gruenberg.

"This is the story of *you*! How *you* were born, how and why *you* developed the way *you* did and what *your* future capabilities can be as an adult. Gr 6-8

The wonderful story of how you were born. Sidonie Gruenberg.

"Where did I come from?" "How was I born?" An understanding authority on child development gives the answers in a sympathetic manner that encourages a healthy attitude towards sex. Gr 4-5

How life begins. Jules Power.

Clear, simple explanations for the young child about the beginning of life in animals and in human beings. Gr 7-8

Being born.

Frances B. Strain.

Factual, understanding explanations for young questioners who want to know, "What do you do to get a baby?"

Gr 6-8

FOR PARENTS

New ways in sex education. Dorothy W. Baruch.

Covering a wide range of subjects from a child's discovery of his genitals to adolescent boy-girl relationships, an experienced psychologist gives parents common sense advice on directing the sex education of their children.

Sex education and the new morality; a search for a meaningful social ethic.

Child Study Association of America.

Psychologists, doctors, religious leaders, teachers, and social scientists explore new avenues of thought in the complex areas of sexual behavior, sex education, and social ethics.

What to tell your children about sex.

Child Study Association of America.

Forthright replies to the questions children ask from the first curious queries of a three-year-old to the detailed knowledge a teenager needs to have.

Sex education in the family. Francis L. Filas.

A Catholic priest and a renowned authority on sex education, Father Filas is concerned not merely with sex information but also with the development of respectful and reverent attitudes.

A Catholic parent's guide to sex education.

Audrey J. Kelly.

What, how, and when to tell your child about sex so that he will grow up with a healthy outlook.

Your child and sex; a guide for Catholic parents.

George A. Kelly.

An expert in family counselling, Father Kelly gives parents the information and background they need to guide their children's sex education.

Parents' privilege: how, when, and what to tell
your child about sex. Marion O. Lerrigo.

More than ~~just~~ answering questions about
where babies come from, sex education requires
parents to guide the sex knowledge of their
children from the earliest years. 1955

Guiding your daughter to confident womanhood.
Goodrich C. Schauffler.

A leading gynecologist gives mothers frank
advice about guiding the development of their
daughters' knowledge of and attitudes toward
sex.

What shall I tell my child?

Used successfully in the Scandinavian coun-
tries, this detailed, systematic program covers
all aspects of sex knowledge and is designed
for parents to use with children from their ear-
liest years through adolescence.

Recommended by
Miss Rose Moorachian,
Readers Advisor for Young Adults
Boston Public Library

FILMS

Abortion and the law. Carousel. 54 minutes.

The plight of a young girl being steered to
an abortionist graphically highlights the legal,
moral, social, and psychological problems of
abortion in the United States.

Boy to man. Churchill. 16 minutes, color.

Changes in voice, skin, and hair growth, but
especially the development of glands and sex-
ual maturation are the physical indications of
emerging manhood.

The day life begins. Carousel. 23 minutes.

This elementary introduction to reproduction
begins with a one-celled amoeba, goes on to
show the actual birth of snakes and puppies,
and then presents the development of a fetus at
three and six months.

From generation to generation.

McGraw-Hill. 27 minutes, color.

The conception, development, and birth of a child is portrayed as an emotional as well as a physical experience in this sensitively made film which combines animation and live action.

Girl to woman.

Churchill. 18 minutes.

As a girl approaches womanhood, superficial changes in skin and body contours take place, but the important changes are those which prepare her to have children.

Her name was Ellie, his name was Lyle.

Louis de Rochemont. 29 minutes.

Haunted by the fear that he is infected with syphilis and not knowing where to go for treatment, Bruce realizes the dangers of casual sex relationships.

How much affection? McGraw-Hill. 20 minutes.

How far should you go in petting? How much affection should there be between a couple going steady?

2nd ed.
Human reproduction. ²⁰ McGraw-Hill. 21 minutes.

The process of fertilization and the birth of a baby are shown in this scientifically accurate film which also emphasizes the psychological, emotional, and moral aspects of having a baby.

Is this love?

McGraw-Hill. 14 minutes.

over
The romances of two college roommates give some indication of their probable chances for success in marriage.

Phoebe - story of a premarital pregnancy.

McGraw-Hill. 29 minutes.

On the day she discovers she is pregnant, Phoebe wonders how she will tell her boyfriend and her parents, and especially what each one's reaction will be to her problem.

A quarter million teenagers.

Churchill. 16 minutes, color.

How are syphilis and gonorrhea introduced into the human body? How do they spread? What are their effects? How can they be treated?

VD: epidemic. McGraw-Hill. 26 minutes.

People infected with syphilis and gonorrhea explain how they contracted the disease, what their symptoms were, how they were treated, and how the attitudes toward these diseases are changing.

*Selected by
the Staff of the Audio-Visual Department
Boston Public Library*





